

Murfreesboro Parks and Recreation
7 - 8 Girls' Division
Youth Basketball

Child must be 7 years old by December 31

Practices/games: 7 - 8 Girls' teams will have one 45 minute practice during the week and one 60 minute practice on Saturday's prior to the start of the season. Beginning in January, practice will be limited to one 45-minute practice per week.

Court/Goals: 7 - 8 Girls' Division will play on 9' goals.

Games: Teams will play four 7-minute quarters. Game clock will run the entire game except for the last 15 seconds of the game.

Coaches: Only two coaches are allowed on the bench during the game and only one standing at a time.

Rules:

Standard TSSAA basketball rules will be used with the following exceptions.

- 1) **Tip-Off:** First possession will be determined by a jump ball. Scorekeepers will maintain a possession arrow throughout the game to determine subsequent possessions. Each overtime period will start with a jump ball.
- 2) **Players (Every player must play half the game, at least one quarter in each half of the game)**
 - a) **Free substitution is not allowed in any quarter.**
 - b) In the event a player becomes ill or injured, the ill or injured player may be replaced. The ill or injured player may reenter the game in the same quarter; she must replace the player that replaced them. In the first half only, if a player is in foul trouble (4 fouls), she may be replaced, but will return to play their quarter in the second half. **The replacement player used in any of these cases will be assessed with an additional quarter of play for the game.**
 - c) **If a player plays the entire game, that player cannot start the next game. Any players that did not play in all four quarters must start the next game.** If a team has eight or more players, no player can play more than three quarters.
- 3) **Backcourt violations:** There are no backcourt violations in the 7 & 8 Girls' Division until the player crosses the half court. **Exceptions: 1)** if a player while in the backcourt steps out of bounds; **2)** if a player throws the ball out of bounds; **3)** if a player re-enters the backcourt after crossing the division line (half court).
- 4) **Pressure line:** Defensive players are not allowed to guard offensive players until the ball has passed the pressure line. Pressure lines will be highly visible. **Offensive players have 10 seconds to cross half court and 5 seconds to cross the pressure line. Full court pressing is not allowed at any time in the 7 - 8 Girls' Division.**
- 5) **Double Dribble and walks:** Players will be given two steps with the ball; any further advancement without bouncing the ball will be considered traveling. Double dribbles will not count if player makes attempt to continue dribbling with one hand.
- 6) **Fouls:** Players will be allowed 5 personal fouls.
- 7) **Free Throws:** 7 - 8 Girls' Division will use a modified free throw line that is clearly marked.
- 8) **Lane Violations:** Lane violations will be acknowledged after 7 seconds with a warning. Continued violations will result in a change of possession.
- 9) **3 pt Shot:** Three point shots **will not** count in the 7 - 8 Girls' Division.
- 10) **Referees:** Two referees will be present for each game.
- 11) **Timeouts and Overtime:** Each team will have one (1-minute) timeout per half (**timeouts do not carry over**). Each team will receive one (1-minute) timeout in overtime.
 - a) First overtime period will consist of two (2) minutes.
 - b) Second overtime period will be one minute.
 - c) Third overtime will be **SUDDEN VICTORY** (first team to score wins).

Note: In overtime, you may start any five (5) players you want.

If you have any questions regarding our program or your child's involvement please contact:

Athletics @ 615-907-2251

athletics@murfreesborotn.gov

Our league website is: <http://www.allprosoftware.net/mprdyouthbasketball/>